



**STONE GROUND BAKERY, INC.  
RUSTIC SOUR DOUGH**

<b>Nutrition Facts</b>			
Serving Size:		2 ounces (57g)	
Amount per Serving			
Calories:	150	Calories from	0
		% Daily Value*	
Total Fat	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	340mg		14%
Total Carbohydrate	31g		10%
Dietary Fiber	1g		5%
Sugars	0g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	10%
*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
		Calories	2,000 2,500
Total Fat	less than	65g	80g
Saturated Fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Carbohydrates	4	Fat	9
		Protein	4

INGREDIENTS: Wheat flour (malted barley flour, niacin, iron, thiamin, monoitrate, riboflavin, folic acid), Water, Salt.